# P3 Transition Guide

UPDATED MARCH 2023



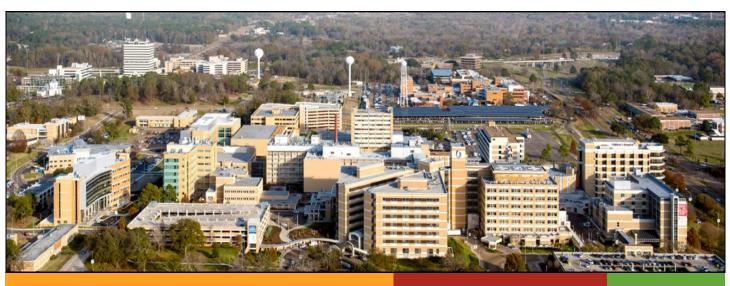
# Welcome to Jackson

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# WELCOME!

#### Dr. Leigh Ann Ross

Associate Dean for Clinical Affairs

Welcome to the School of Pharmacy Medical Center Campus!

This is an exciting time as you transition to Jackson to complete the last two years of Pharmacy School! I am delighted to welcome you to our campus. The last two years have been challenging and we applaud your hard work, dedication, and accomplishments. As the Class of 2025, you have many new experiences ahead during your final two years and we look forward to sharing those with you.

This manual provides an introduction to the University of Mississippi Medical Center (UMMC) and our School on this campus. UMMC is our state's only academic medical center. While at UMMC, you will hear that we are "striving for our ultimate goal of a healthier Mississippi." That is truly our goal and one way we achieve this is by training future health professionals, such as you. UMMC has over 10,000 employees who, in addition to education, provide vital clinical services and lead cutting-edge research. During your third and fourth professional years, you will have the opportunity to apply your knowledge and skills through course work, to participate in direct patient care in clinical environments, to work on collaborative teams through Interprofessional Education, to be involved in innovative research, and to improve the lives of others through service activities.

The School of Pharmacy on the Medical Center campus includes School of Pharmacy administration, Department of Pharmacy Practice faculty and staff, the Division of Pharmacy Professional Development, and the Center for Clinical and Translational Science. Our residency programs are also administered on this campus. You will have the opportunity to work with individuals in all of these areas, as well as with many people outside the School of Pharmacy. It is our hope that these interactions will enrich



your education and help you develop professionally.

This transition brings many changes, not only in your location but also in the opportunities you will have. I want to assure you that I, along with our School of Pharmacy team in Jackson, am here to help make this transition a positive experience. We care about you and we want you to be successful! During your time here I encourage you to study hard, but to also make the most of this time by participating in professional, social, and service activities. Many of these opportunities are outlined in this manual.

Wishing you all the best during your time here at UMMC!

Luigh Ann Ross

# WELCOME!

#### Dr. Adam N Pate

Interim Chair, Department of Pharmacy Practice

Congratulations on reaching the halfway point of your professional journey! I hope you are all now realizing that we were telling the truth in your P1 year when we warned you how fast your pharmacy school journey would be. On behalf of the School and Department of Pharmacy Practice, I would like to extend a warm welcome to Jackson and the Medical Center campus. We are thrilled to have you here and excited for you to embark on the next chapter of your educational journey.

Although we certainly miss you in Oxford, I am confident that the Medical Center campus will provide you with a multitude of new and exciting experiences, as well as an exceptional educational environment. During your time here, you will have the opportunity to work more closely with faculty members who



you may have only seen in limited amounts when they delivered lectures in Oxford. I encourage you to take full advantage of this opportunity, drop into their offices, get to know them, and engage with these experts in their fields to maximize your learning experience.

In your 3rd year, we want to help you further develop your skills to become the pharmacist that your patients need. Utilizing our outstanding faculty to their fullest extent will help you achieve this. Our faculty and staff are dedicated to helping you grow and develop during this year, and we are confident that you will see significant progress in your abilities and knowledge by the end of your time here. You will learn how to integrate the knowledge you have gained from previous years with the practical skills you need to provide comprehensive care for your patients. By focusing on a patient-centered approach to healthcare, you will develop a deeper understanding of the complexities of patient care, the importance of effective communication with your patients and colleagues, and the role of interdisciplinary teamwork in improving patient outcomes.

We understand that the transition to a new campus can be challenging, but we hope that you will find Jackson and the Medical Center campus to be a welcoming and supportive community that provides you with the tools and resources you need to succeed in your studies and future career. We encourage you to explore all that the city has to offer and get involved in extracurricular activities, clubs, and organizations. We are confident that your time here will be rewarding, and we look forward to seeing you thrive and grow during your time at the Medical Center campus.

Adam N Pate

# Numbers to Know

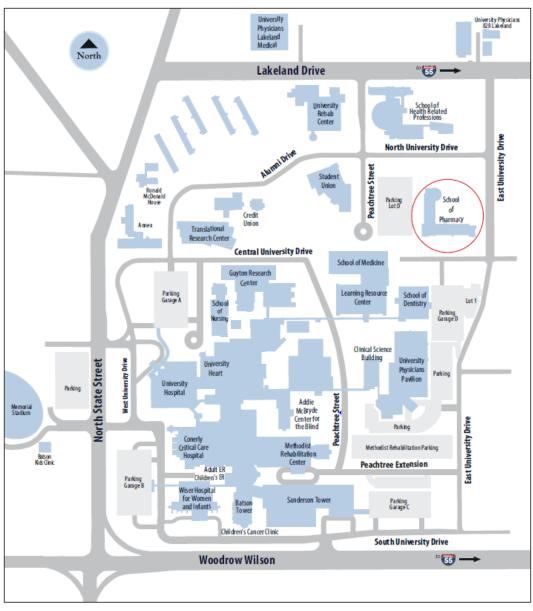
Campus Police (Emergency from Cell Phone)	601-815-7777
Campus Police (Emergency from Campus Phone)	911
Campus Police (Non-Emergency)601-98	34-1360 or 41360
Medical Emergency (UMMC Hospital Area)601-98	84-1111 or 41111
UMMC Student Health	601-984-1185
UMMC Student Health Fax	601-984-1189
UMMC Office of Academic Support	601-815-4233
UMMC Student Counseling & Wellness Center	601-815-5588
Humana EAP - Work-Life (aka "Lifesync")	866-219-1232
Dr. Leigh Ann Ross (Associate Dean for Clinical Affairs)	601-984-2481
Dr. Adam Pate (Interim Chair, Department of Pharmacy Practice	662-915-8747
Dr. Kim Adcock (Director of Faculty and Academic Affairs)	601-984-2760
Dr. Katie McClendon (Assistant Dean for Student Services)	601-984-2638
Dr. Laurie Fleming (Director of Experiential Affairs)	601-984-2622
Dr. Seena Haines (Director for Professional Well-Being and Belonging)	601-815-0856
Sheri Conner (Coordinator of Clinical Affairs)	601-984-2481
UMMC student processing (student health, ID badge, etc.)	
Peggy Duke (Staff Assistant – Student Affairs)	601-984-2486
reserves conference rooms/auditoriums	
Crystal Chancellor (Program Coordinator )	601-984-2621
Robert Metzger (Records Coordinator – Experiential Affairs, Notary Public).	601-984-2758
Krissy Gilbert (Program Coordinator – Experiential Affairs)	601-984-2622

# YOU ARE HERE

Believe it or not, there's a reason our program has a split campus. You get to experience the best of both cities. While Jackson doesn't have the Grove or the Square, it does have a lot of opportunities for health care professionals. With our SOP building located in the heart of the academic area on UMMC's campus, you'll see students from the Dental School, Medical School, Nursing

School, Graduate School, School of Health-Related Professions (SHRP, aka "sharp"), and School of Population Health every day. We are also within walking distance of the only Level 1 Trauma hospital, the only children's hospital in the state, and the home of the first lung transplant. There is always something exciting going on at UMMC, so take advantage of your time here.

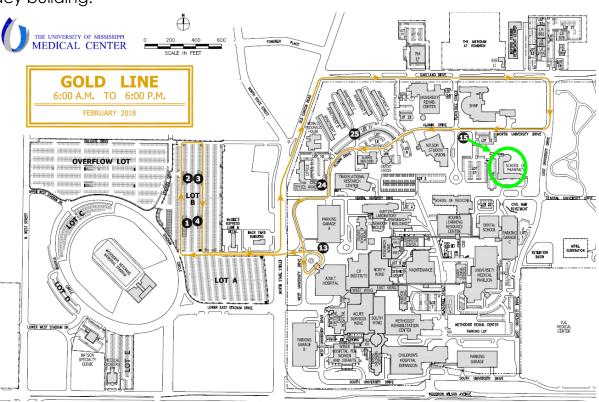




# Transportation & Parking

As a student, you can park in the Mississippi Veterans Memorial Stadium parking lot across from the campus on North State Street at no charge. While many students walk, a free shuttle is available to drop you off right in front of the SHRP Building (Shuttle Stop 15), a parking lot away from the Pharmacy School. Current shuttle bus hours, routes, parking zones, and shuttle tracker information are posted at umc.edu/shuttle. Many students park and ride the Gold Line shuttle. A second option would be the Red Line shuttle, both will drop you off at the same location (Shuttle Stop 15). Whether you are walking or riding the shuttle, make sure you prepare. The easiest times to get a good parking spot in the Stadium lot are before 8 am and late afternoon. If you arrive between those times, you will likely have to park farther back in the north overflow parking lot. If you need to go to the parking lot after hours, you can call Campus Police at 984-1360 to arrange an escort and transportation. Campus Police patrol student parking lots but it is recommended to keep bags Students requesting parking accommodations should speak with Dr. Katie in trunks. McClendon. Although the visitors' parking garages and lots may be tempting, cars parked illegally on campus may be ticketed or towed at your expense and any student who violates Medical Center parking policies is subject to disciplinary action. After hours (5:00 -11:00 pm) and on weekends, you may park your car in front of the SOP building or in Lot 21 with Parking approval. Instructions will be provided later.

If you'd like to ride your bicycle to campus, there's a bike rack right in front of the School of Pharmacy building.



# **UMMC's Student Services**

#### Rowland Medical Library (RML)

Named in honor of Dr. Peter Rowland, a former professor of pharmacology, the library serves all Medical Center schools and programs. All library operations are fully automated and provide access to the online catalog of library holdings and several bibliographic and reference databases such as MEDLINE/PubMed, CINAHL, and Embase. It contains more than 237,735 print volumes and receives 2,403 current periodicals and serial publications. It has copiers/printers/scanners and SOP students have 5000 free pages of printing there. The library has plenty of newly renovated study space.

RML Library Hours and Access
24/7/365

UMMC Badge swipe will be required for entry
Staffed hours - Monday - Friday, 7:00 am - 4:30 pm
Rowland Medical Library is closed on UMMC holidays.

#### **Student Union**

We are very lucky to be right across from the Norman C. Nelson Student Union where you'll find the campus bookstore, a food court, a gymnasium (full-sized basketball court, locker rooms, showers, indoor walking/running tracks, aerobics/weightlifting rooms), the student lounge, a TV room, study rooms, several conference rooms, and the ASB suite. If the Ole Miss Student Union was combined with the Turner Center and then shrunk into a building the size of TCRC, then you'd have UMMC's Student Union. Hours are available at https://www.umc.edu/studentunion/.

#### **Postal Service**

The Post Office, room N019, is in the basement of the "old" UMMC hospital. It is open from 10am to 3:30pm, Monday through Friday, and offers all standard services including registered and insured mail and money orders. There is also a FedEx dropbox.

#### Badges/IDs

Each student will be issued a UMMC identification badge during Orientation in August with a photograph. It is to be worn at all times while on campus or in any clinical setting. It can be used for check cashing in the bookstore, library checkouts, security identification purposes, a discount in the cafeteria, and access into certain areas of the Medical Center –including the SOP. You may also use your badge for class attendance. Make sure you don't lose your badge or you'll have to pay ~\$25 to replace it.

#### **Notary Public**

If you should need to have something notarized, Mr. Robert Metzger is a notary public. Mr. Metzger is located in Room PH 118.

# UMMC'S OFFICE FOR STUDENT SUCCESS

The UMMC Office for Student Success provides the following services.

**Student Success Series (S³).** Promoting academic achievement, career development, and professionalism through educational seminars and small group events. To access detailed information about Student Success Series, access the webpage.

http://www.umc.edu/s3series

#### Office of Academic Support

University of Mississippi Medical Center Verner Holmes Learning Resource Center, U155-A Phone: 601-815-5064 • Fax: 601-815-5828

www.umc.edu/studentsuccess

**Academic Success Kiosk.** The Academic Success Kiosk (ASK) is an online, self-paced resource available to students at the University of Mississippi Medical Center. ASK addresses time management, study skills, and professionalism. To register, complete the Register for ASK online form. <a href="http://www.umc.edu/ASK/">http://www.umc.edu/ASK/</a>

**University Tutoring Services.** University Tutoring Services is a peer tutoring program available to students experiencing academic difficulty who are currently enrolled in the University of Mississippi Medical Center. Supportive instruction is provided by peers with similar educational backgrounds. To request tutoring, complete the Request Tutoring online form. http://www.umc.edu/University Tutoring/

**Academic Tools and Resources.** The Office for Student Success provides links to multiple external resources for additional information regarding study strategies and academic effectiveness. <a href="https://www.edu/study\_resources">https://www.edu/study\_resources</a>

Academic Accommodations. The Office for Student Success manages academic accommodations at the University of Mississippi Medical Center. Students in the School of Pharmacy should apply for academic accommodations through the University of Mississippi, Oxford Campus. UMMC policy provides for reasonable academic accommodations to be made for students with verified disabilities on an individualized and flexible basis as specified under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990 (ADA). For more information, individuals should review the Office for Student Success webpage or contact the office directly. To request academic accommodations, complete the Request for Academic Accommodations form available at: http://www.umc.edu/academic accommodations/

**Writing Collaborative.** Providing a supportive, non-evaluative environment intended to help students improve their confidence and competence in writing. To request services from the Writing Collaborative, complete the form found on the website. <a href="http://www.umc.edu/writing\_services">http://www.umc.edu/writing\_services</a>

**Excellent Teacher.** Promoting effective teaching and encouraging professional development in residents, fellows, and faculty in online, self-paced courses. <a href="http://www.umc.edu/excellent\_teacher/">http://www.umc.edu/excellent\_teacher/</a>

Student Complaints. The Office for Student Success maintains the process, tracks complaints, and documents responses to formal written student complaints submitted via the UMMC Student Complaint Form. For more information, visit the webpage. <a href="https://umc.edu/student-complaints">https://umc.edu/student-complaints</a>



Penni Smith Foster, Ph.D.
Executive Director, Student Success
Director, Office of Academic Affiliations
Office of the Associate Vice
Chancellor for Academic Affairs

# UMMC'S ASSOCIATED STUDENT BODY

UMMC's ASB is historically very active but has been impacted by Covid-19 restrictions the past two years. The ASB is known for great parties; our students go all out for these parties - especially Halloween. Trust me, you'll want to take the night off for these events! The Claus Ball and the Anatomy Ball are the annual formal events ("cocktail attire"). An End-of-the-Year Celebration will be held in May. In addition to all the parties, there may be opportunities to get free tickets to the symphony, the Mississippi Braves, plays, movies, the zoo, etc. The ASB also offers intramural sports leagues throughout the year. Follow UMMC ASB on Instagram at ummc\_asb to keep up with events, intramurals, and philanthropic opportunities. In addition to parties, ASB participates in many philanthropic events such as canned food drives, "Be the Match" bone marrow drive, and Spooky U.

UMMC's ASB is comprised of four Executive President, VP, Secretary, and officers: Treasurer. These officers are elected by the student body, and individuals from each program at UMMC are encouraged to run for these positions. There are also appointees who serve on the ASB. The ASB president appoints UMMC students to these positions at his/her discretion. Currently, there are a number of people serving in this capacity, including intramural chair, Murmur Editor, Medic Editor, philanthropy chairs, diversity and inclusion chairs, public relations chair, interprofessional education chairs, school cup chair, wellness chairs, alumni affairs liaison chairs, and mentoring chairs. These positions can be filled by UMMC students at-large (i.e. no current association with the ASB) or by current ASB members. Students vote for their school Senator to serve on ASB and all students are invited to attend monthly ASB meetings held at the Union on the first Monday of the month.

The ASB is always very welcoming of pharmacy students, so you won't feel like a visitor at UMMC! In the past, pharmacy students have held positions such as Secretary, School Cup Chair, Philanthropy Chair, and Wellness Committee Chair. We encourage you to become involved within ASB, and make the changes you wish to see!



## Make time for fun!

#### **ASB Annual Events**

August October December February March April

May

Back to School Bash Halloween Party

Claus Ball
Anatomy Ball
Trivia Night
Spring Bash
Crawfish Boil

MS Braves Game

End of the Year Celebration

& MORE!!!

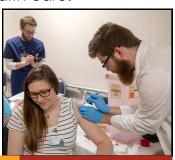
# COMMUNITY SERVICE

Although you will be busy as a P3, there is still time to stay involved. There are several extracurricular events that will offer you the chance to get involved on campus and in the greater Jackson community. From 5Ks and health fairs to crafting activities, Jackson truly does offer something to fit most anyone's interests.

There are ample opportunities to keep your professional skill set sharp. Several organizations offer health fairs around the Jacksonarea as well as vaccination drives.

The Jackson Free Clinic (JFC) and Caring Hands Clinic are both great ways to put what you are learning into action. The JFC is operated by medical, pharmacy, OT/PT, and dental students. The JFC provides free healthcare to the uninsured population of Jackson and is open on Saturdays from 9:30 am to 3:30 pm. Pharmacy students have the opportunity to participate in teams with interns and medical students to determine the best options for patient care. Caring Hands is operated by several local churches to provide free healthcare to the citizens of Jackson. Pharmacy students help run the pharmacy and counsel patients on their prescriptions. Caring Hands is open the third Thursday of every month from 5pm-9pm. Both of these clinics serve patients that don't otherwise have access to health care.









## **Typical Events:**

- Spooky U
- Jackson Free Clinic
- Caring Hands Clinic
- Ronald McDonald House
- UMMC Flu Blitz
- UMMC MLK Day of Service
- Arts and Crafts with Batson
- Dental Mission Week
- Children's Hospital

Spooky U is a Trunk-or-Treat event sponsored by the Medical Student Family Alliance (MSFA) each October for the families of UMMC staff and students. This event benefits Mustard Seed. Students from different schools and organizations choose a theme, come in costume, and set up booths including games and prizes. There are also costume contests, food, music, and prizes. Each year the School of Pharmacy participates with a tent, games, and lots of candy and is often voted best booth.

Some student organizations visit Batson Children's Hospital during different holidays. In previous years students went "reverse trick-ortreating" to give hospitalized children a fun Halloween experience. And in February 2022 students held a mini Mardi Gras parade for patients.

About once-a-month organizations can host diner for the families at Ronald McDonald House on campus. Organizations either sign up to donate a meal or agree to help do needed chores around the house.

ASB hosts the UMMC Day of Service held on Martin Luther King Jr. Day in January. While very similar to "The Big Event" held in Oxford, students volunteer in groups around the Jackson community. It is a great way to serve with other UMMC schools.

The two Jackson community service chairs organize several events that offer opportunities in which all student body members are invited to participate.

As previously noted, these are just a few of the opportunities available. Remember that there is a lot to do in Jackson, so do your best to pace yourself and try to stay involved.

# Be a part of your new community!









# ORGANIZATIONS & OPPORTUNITIES

While in Jackson you will have the opportunity to get involved in many different programs. Activities and events change year to year but here are some unique opportunities to the Jackson area that you wouldn't have the chance to participate in otherwise. You're encouraged to get involved in some of these local organizations and network with pharmacists from all over the state. Below are a few highlights of organizations in Jackson.

Students of the University of Mississippi School of Pharmacy are given free membership to MPhA (MS Pharmacists Association). As a member, you will have the opportunity to serve on one of their committees, gain valuable leadership insight, and network with pharmacists from all over the state. If you are interested in legislative advocacy, MPhA is a great place to get involved. You can volunteer to serve on the governmental affairs committee and help shape what the future of pharmacy will be. Also through MPhA you may have the opportunity to go to the MPhA Annual Convention held in June. At this convention, you are able to attend CE events and network with pharmacists from across the state.

MSHP (MS Society of Health System Pharmacists) hold's their annual convention each summer in July. At this meeting, you also have the chance to network with pharmacists from all over the state and present research that you have worked on while in school. This is a great opportunity if you are looking into doing a residency.

Other organizations participate in various events throughout the year as well. CPFI hosts prayer breakfasts. Students have an opportunity to fellowship with classmates and a chance to interact with some of your faculty outside of the classroom. ASHP-SSHP along with Pedia Rebs (Pediatric Pharmacy Advocacy Group) are quite involved with projects benefitting Batson Children's Hospital as well as other opportunities for health education targeted for children. UMAC-SOP (University of Mississippi Advocacy Committee) promotes pharmacy advocacy and is heavily involved with Capital Day. Rho Chi sponsors a Research Day. Phi Lambda Sigma hosts an annual Leadership Retreat. SCCP hosts mock interviews to prepare students for residency and pharmacy job interviews, as well as the ACCP Clinical Pharmacy Challenge and a match celebration. SNPhA provides health screenings in the Jackson area and ACVP has gone to the New Orleans Zoo. Our professional fraternities are involved in community service and social activities. Kappa Psi typically hosts a crawfish boil in the spring for members.

Additionally, organizations may take turns hosting days at Jackson Free Clinic and Ronald McDonald House throughout the semester. These are just a few examples of organizations and opportunities that are available to you. All of our organizations are active and are always finding a way to make a difference. Get involved as soon as you can!

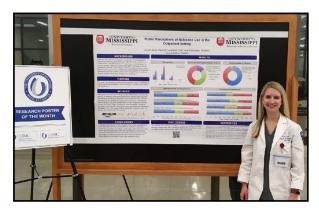


## RESEARCH OPPORTUNITIES

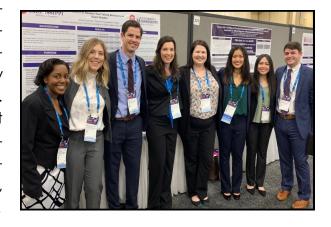
# INTERESTED IN RESEARCH? FIND A MENTOR

As in Oxford, students in Jackson will have a number of opportunities to obtain research experience. These opportunities on the UMMC campus can assist in career pursuits following graduation. Faculty in Jackson engage in clinical, basic science, and translational research. Where basic science research can focus on drug development, clinical research can aim to determine a drug's place in therapy or use in a particular population. Translational research is the connection between basic and clinical research and can also include applying clinical studies to patients in the community.

Students are encouraged to seek opportunities to participate in research in a variety of areas and across patient populations in the continuum of care. There are many ways to develop research skills by developing research protocols, collecting and analyzing data, presenting research at national conventions, and authoring manuscripts for publication. Students should speak with full and part-time faculty members that share their same research interests. Faculty members often have projects in progress that students can work on, present, and potentially publish. Additional opportunities for faculty/student collaboration will be disseminated via email newsletter, and announcements on the student lounge monitors.









# PRACTICE EXPERIENCES

During P3 Orientation and throughout the year, the experiential programs staff will meet with the class to discuss information related to rotations. At the beginning of the P3 year, upon request, our experiential programs staff will meet with you individually to discuss your specific interests in order to plan your Advanced Pharmacy Practice Experiences (APPE) during your P4 year. At the beginning of the spring semester, you will have the opportunity to begin entering preferences for your P4 APPE rotations.

Throughout the P3 year you will complete 5 IPPE rotations – four (4) longitudinally throughout the year and one (1) week-long elective rotation. During each longitudinal rotation you will report to your rotation site for 4 hours per week over 5 select weeks either in the institutional, ambulatory, community or specialty pharmacy settings. These are great opportunities to apply your clinical knowledge and to learn about different practice sites before you start your APPEs.

It is important to take advantage of these opportunities as student pharmacists to learn about unique practice sites and to refine your interests. You will be a pharmacist before you know it, so it is important that you explore your options and network throughout the vast pharmacy community. Keeping that in mind, it is in your best interest to treat each rotation like an interview. Remember that you only have one chance to make a good first impression.



## RESTAURANTS

Key:

\$<10; \$\$:10-15; \$\$\$:15-25; \$\$\$\$:25+

Basil's: Sandwiches, \$

Beagle Bagel: Bakery & sandwiches, \$
Brent's Drugs: Diner & soda fountain, \$
Broad Street: Bakery & sandwiches, \$

Cool Al's: Burgers, \$

Cups: Coffee, (student discount) \$

Green Ghost Tacos: Mexican \$

Keifer's: Mediterranean, \$

Moe's Southwest Grill: Tex-mex, \$

Mugshots: Burgers, \$
Pig and Pint: BBQ, \$

Rooster's: Burgers, Sandwiches, \$
Urban Foxes: Coffee, Baked goods \$

Aladdin Mediterranean Grill: \$\$

Aplos: Mediterranean \$\$
Crawfish Hole: Crawfish, \$\$

Cultivation Food Hall: varying options, \$-\$\$

El Torero: Mexican, \$\$

Elvie's: Breakfast, American, \$\$-\$\$\$
Hal and Mal's: American, Creole, \$\$

Pho Huong: Vietnamese, \$\$

Pizza Shack: Pizza, \$\$

Sal & Mookie's: Pizza & Ice Cream, \$\$

Super Chix: Chicken, Fries, Frozen Custard

\$\$

Amerigo's: Italian \$\$\$\$

Bravo: Italian, \$\$\$

Char: Modern Southern Cuisine, \$\$\$

**Ely's:** Steak, \$\$\$\$

Ichiban: Hibachi, Sushi, \$\$\$

Mayflower: Southern/Seafood, \$\$\$

Sakura Bana: Japanese, \$\$\$

Saltine: Oyster Bar, Southern Cuisine, \$\$\$

Tuk Tuk Boom: Thai, \$\$\$

Manship: Mediterranean, \$\$\$-\$\$\$\$
Walker's: American/seafood, \$\$\$\$





# Let's Eat!



**UMMC Off-Campus Housing Service**, https://offcampushousing.umc.edu/ - UMMC provides students a free service to help locate housing close to campus. UMMC, property managers, and students work together to simplify the search for renting off-campus apartments, rooms, and houses as well as roommates, furniture, and carpools. This site also links to resources such as sample leases, safety checklists, roommate agreements, utility setup, public transportation, and local governments.

#### General Info:

- Start early to get on waiting lists at complex, but most will not confirm until summer.
- Most apartments have washer/dryer connections; many offer rentals for an additional fee.
- <u>ASK FOR UMMC STUDENT DISCOUNTS!!!</u> Also, you can get discounts if someone (friend, other pharmacy student, etc.) referred you to apartment.
- Multiple houses in this area are rented by UMMC and/or MC Law students. From February to May, medical students will be looking to sell/lease houses as they leave for residencies. Some houses aren't even listed, so it is helpful to just drive through neighborhoods to see what is available.
- Apartment Guide available at: http://www.apartmentguide.com/

FONDREN/EASTOVER (artsy, very laid back area; UMMC is located in the Fondren area)

#### The District Lofts at Eastover

- 1254 Eastover Drive Jackson, MS—Located an the east side of I-55.
- 1, 2, and 3 bedrooms
- · Covered parking, saltwater pool, outdoor kitchen, pet friendly, washer/dryer
- http://www.thedistrictloftsateastover.net/

#### **The Meridian**

- 802 Lakeland Drive, Jackson, MS-Located across the street from UMMC.
- Studio, 1, 2, and 3 bedrooms
- Garage parking, washer/dryer, saltwater pool, outdoor kitchen, pet friendly
- http://www.meridianatfondren.com/

#### **Vieux Carre Apartments**

- 3975 Interstate 55 North Frontage Road, Jackson, MS-at the intersection of Eastover Dr. and I-55, approximately 5 minutes from UMMC
- 1, 2, and 3 bedrooms
- laundry facility onsite as well as washer/dryer is some units, pet friendly
- http://www.vcarre.com/

**BELHAVEN:** (very artsy; surrounding Belhaven College and near Baptist Hospital). Contact Neham Properties: http://www.nejamproperties.com/

#### **Belhaven Place**

- 1315 North Jefferson, Jackson, MS approximately 5 minutes from UMMC
- 1 bedroom/1 bath, 2 bedrooms/1 bath, and 2 bedrooms/1.5 bath
- Gated, water included in rent, laundry facility, no pets
- http://www.johnrlewisrealestate.com/

**FLOWOOD:** About 4 miles down LAKELAND DRIVE. Keep in mind that traffic on Lakeland can be heavy around 8am and 5pm—make adjustments to drive-time!

#### **Shadow Lake**

- 150 Park Circle Drive, Flowood, MS (Across from Primos on Lakeland)
- Approximately 10 minutes from UMMC
- 2 bedrooms/1 bath and 2 bedrooms/2 bath
- Gated, free cable, washer/dryer connections, pet friendly with pet park,
- Ask for UMMC discount
- https://www.apartmentguide.com/apartments/Mississippi/Flowood/Shadow-Lake-of-Flowood/169739/

#### **Cypress Pointe**

- 1227 Pin Oak Drive, Flowood, MS (Behind Jackson Prep; sister complex to Shadow Lake; Cypress Pointe is just a little newer)
- Approximately 15 minutes from UMMC
- Spacious 1 bedroom, 2 bedrooms/1 bath, and 2 bedrooms/2 bath
- Gated, washer/dryer connections, pet friendly
- Ask for UMMC discount
- http://www.cypresspointeflowood.com

#### **Reflection Pointe**

- 2945 Layfair Drive, Flowood, MS (Just off Lakeland Drive, close Flowood option to UMMC)
- Approximately 10-20 minutes from UMC depending on traffic
- 1 and 2 bedroom
- Fireplaces in select units, washer/dryer connections, pet friendly, covered parking available
- http://www.maac.com/mississippi/jackson/reflection-pointe/

#### **Ashford Place**

- 5201 Lakeland Drive, Flowood, MS (Across from Best Buy/PetSmart in Dogwood)
- Approximately 15-20 minutes from UMMC (allow extra time for traffic)
- 1, 2, and 3 bedrooms
- Gated, carwash station, washer/dryer connecions, garages available, outdoor kitchen area, pet friendly
- http://www.flowoodapartments.com/

#### **Laurel Park Apartments**

- 4701 Lakeland Drive, Flowood, MS
- Only about 15-20 minute drive to UMMC (allow extra time for traffic)
- 1 bedroom, 2 bedrooms/1 bath, 2 bedrooms/2 bath
- Gated, washer/dryer connections, pet friendly
- http://www.laurelparkflowood.com/

#### **Bridgewater**

- 500 Avalon Way, Brandon, MS (10 miles down Lakeland, left at the Walmart (Hugh Ward Blvd)
- Approximately 20-25 minutes from UMMC... 14 miles from UMMC (allow extra time for traffic)
- 1, 2, and 3 bedrooms
- Gated, washer/dryer connections, pet friendly
- http://www.liveatbridgewaterapts.com

**Ridgeland:** Near Northpark Mall, Renaissance at Colony Park, numerous restaurants, and easy access to Madison.

#### **Northpointe Village**

- 6295 Old Canton Rd, Jackson, MS (near Country Club of Jackson entrance)
- Approximately 15-20 minute drive from UMMC
- 2 and 3 bedrooms townhomes
- Gated, washer/dryer connections, pet friendly,
- http://www.apartmentguide.com/apartments/mississippi/Jackson/Northpointe-Village-Apartments/100021747/

#### The Legacy

- 761 Rice Rd, Ridgeland, MS (near Natchez Trace Trails)
- Good location, about 15-20 minute drive to UMMC (allow extra time for traffic)
- 1, 2 and 3 bedroom
- Gated, washer/dryer connections, car wash facility, furnished apartments available, pet friendly with dog park,
- http://www.liveatlegacyapts.com/

#### The Pointe of Ridgeland

- 831 Rice Road, Ridgeland, MS
- Good location, about 15-20 minute drive to UMMC (allow extra time for traffic)
- 1, 2, or 3 bedroom
- Washer/dryer connections, fireplace in select units, 3-acre lake with walking trail, pet friendly
- http://www.https://www.caseusa.com/apartments/ms/ridgeland/pointe-of-ridgeland/ neighborhood

#### The Van Mark

- 6811 Old Canton Rd, Ridgeland, MS
- Approximately 20 minutes from UMMC
- 1 bedroom/1 bath and 2 bedrooms/2 baths
- Gated, pet friendly with dog park, car wash facility,
- http://www.lifeatvanmark.com

#### The Reserve of Jackson

- · 2501 River Oaks Blvd. Jackson, MS
- Only about 15-20 minute drive to UMMC
- 1, 2, or 3-bedroom
- Gated, covered parking, washer/dryer connections, fitness center, playground, pet friendly
- http://www.liveatreservejacksonapts.com/

#### The Arbors at Natchez Trace

- 715 Rice Road, Ridgeland, MS
- About 15-20 minutes to UMMC (allow extra time for traffic)
- 1, 2, and 3 bedrooms
- Gated, pet friendly, washer/dryer connections
- http://www.arborsatnatcheztrace.com/

#### The Arbors at the Reservoir

- 959 Lake Harbour Drive, Ridgeland, MS
- About 15-20 minutes to UMMC (allow extra time for traffic)
- 1, 2, and 3 bedrooms
- Pet friendly, washer/dryer connections, garages available
- http://www.arborsatthereservoir.com











So much to do!

#### Throughout the year

JXN Flea – monthly market of artists and small businesses at the Ecoshed.

**Brandon Amphitheater**—Local entertainment and music venue.

**Music in the City** – The Mississippi Museum of Art teams up with St. Andrew's Cathedral to bring free music one Tuesday per month.

**New Stage Theater** and **Broadway in Jackson** offer discounted tickets for students and there is free admission for the MS Museum of Art **Screen on the Green**.

District Thursdays - Outdoor live music on the District Green

#### <u>July</u>

**Ridgeland Celebrates America Balloon Glow** – one of the many 4<sup>th</sup> of July celebrations with hot air balloons, food, and music

#### **August**

**Bright Lights, Belhaven Nights** – Evening street festival in the Belhaven neighborhood, full of local artists, food vendors, and children's events

**Mississippi Book Festival**—This "literary lawn party" is a free event every August featuring author readings and signings.

#### <u>September</u>

Mississippi Symphony Orchestra – Indoor and outdoor performances

Gluckstadt's German Fest – Music, food, and draft horse wagon rides

**Wells Fest**—A family-friendly music festival in Jamie Fowler Boyll Park. The event also includes a pet parade and 5K run.

#### <u>October</u>

**Mississippi State Fair** – Amusement rides, concessions (fried Twinkies), music, and variety of agriculture and livestock competitions

**Canton Flea Market**— This arts and craft show held on the historic Madison County Courthouse in Canton, MS attracts up to 1000 artists and craftsmen from across the country.

#### <u>November</u>

**Mistletoe Marketplace** – This is the largest fundraiser in MS sponsored by the Jackson Junior League! A spectacular 3 day shopping event at the MS Trade Mart

Handworks Holiday Market – Arts and crafts show at the MS Trade Mart

BankPlus Red Beans & Rice Festival – Competition in downtown Jackson with proceeds going to Stewpot Community Services

#### **December**

**Belhaven Singing Christmas Tree** – A Belhaven college tradition since 1933 with a candlelight procession and a lighted "human" Christmas tree singing carols. Bring blankets and lawn chairs.

City of Jackson Christmas Parade – Parade and tree lighting

#### **January**

Martin Luther King, Jr. Celebration & Parade – A full week of activities honoring MLK Jr.

#### <u>February</u>

**Dixie National Livestock Show and Rodeo** – Largest livestock event east of the Mississippi River **Mississippi Blues Marathon and Half Marathon** – Run or cheer on the participants. www.msbluesmarathon.com

#### March

**Hal's St.Paddy's Parade and Festival –** A fun-loving, Irish-inspired celebration including runs, dances, concerts, and, of course, a parade

#### **April**

Taste of Mississippi – Culinary tasting with MS's finest food, music, and art

#### May

Pepsi Pops Concert - MS symphony orchestra at the Reservoir

**Sante South** – Music, food, and samplers from over 30 different wine distributors to benefit the Alzheimer's Association of Mississippi

#### <u>June</u>

Mississippi Celtic Fest – Art, music, and culture at the Agricultural & Forestry Museum