Activity: Patient Counseling/Health Literacy Assessment

Directions: With the help of your preceptor, identify a patient to counsel when they pick up a new prescription. Assess the patient’s health literacy using the REALM-SF.

What was the patient’s REALM-SF Score?

Be sure to use the open-ended questions as described in the Indian Health Service Counseling model.
1. What did the doctor tell you the medication was for?
2. How did the doctor tell you to take it?
3. What did the doctor tell you to expect?
4. Just to make sure I did not leave anything out, please tell me know you are going to take your medication?
5. Do you have any questions?

Patient’s Age: Patient’s Sex: Allergies:

Patient’s disease states:

List the medications and complete dosing regimen, for which you counseled

1) 
2) 
3) 

Describe the interaction, including suggestions on how you could improve your communication skills and how the patient responded.

How did knowing the patient’s REALM-SF Score impact your counseling?

What are other health literacy assessment tools that can be used for patients?

COMMUNITY Patient Counseling/Health Literacy Assessment