Activity: Medication Management

Directions: Ask your preceptor for a complicated patient’s medication profile. Analyze the patient’s profile and answer the following questions.

Patient’s Age: Patient’s Sex: Allergies: Smoker: [ ] Yes [ ] No

List the name, dose, directions for each medication that the patient is currently taking.

1) ________________________________
2) ________________________________
3) ________________________________
4) ________________________________
5) ________________________________
6) ________________________________
7) ________________________________
8) ________________________________
9) ________________________________
10) ________________________________

What type insurance does this patient have: [ ] Private [ ] Medicare [ ] Medicaid [ ] Self Pay

What is the approximate total out of pocket medications expenses for this patient each month: $

What could you do to reduce the cost of this patient’s prescription medicines?

If there are any duplicate or unnecessary medications, which should be discontinued?

Is there anything you could do to eliminate or reduce the risk of drug interactions?

ACPE Pre-APPE Core Domains: Identification, Assessment, and Resolution of Drug-Related Problems (Key Elements 2.1, 2.3, 2.4).
Core Entrustable Professional Activities: Patient Care Provider Domain-Establish patient-centered goals and create a care plan for a patient in collaboration with the patient, caregiver(s), and other health professionals that is evidence-based and cost-effective;
Population Health Promotor Domain-Ensure that patients have been immunized against vaccine-preventable diseases.
How would you monitor these medications for therapeutic outcomes?

What specific adverse effects should you describe to the patient?

How would you manage these adverse effects?

What test or lab work should the patient receive to monitor for therapeutic or adverse effects. Specifically, how will these medications affect the test or lab values?

Is the patient adherent to his or her medications? What is your basis for this conclusion?

What is the difference between adherence and compliance?

Would you recommend this patient to receive any immunizations? If so, which ones?