Activity: Cultural Competency

Directions: Every patient deserves to be treated with respect. Health care professionals must enhance their understanding and develop skills to provide gender sensitive healthcare. The purpose of this activity is to improve gender sensitivity and to assist in decreasing gender disparities in our communities. Answer the following questions:

What is the difference between the terms “gender” and “sex”?
Answer:

What does it mean to provide “gender-friendly” healthcare?
Answer:

When/how do you ask a patient what their preferred pronoun is?
Answer:

What are some health disparities for transgender and gender-diverse patients?
Answer:

What medications can be used in the management of gender dysphoria?
Answer:

General Resources
- National LGBT Health Education Center
- UCSF Center of Excellence Transgender Health

Guideline Resources
- Center of Excellence for Transgender Health, Department of Family and Community Medicine, University of California San Francisco. Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People; 2nd edition. Deutsch MB, ed. June 17, 2016.
- Healthy People 2020: Lesbian, Gay, Bisexual, and Transgender Health. Overview, objectives and data, and evidence-based resources from this important U.S. public health initiative.

COMMUNITY

ACPE Pre-APPE Core Domains: Basic Patient Assessment (Key Elements 2.1, 2.3); Ethical, Professional, and Legal Behavior (Key Elements 1.1, 2.2, 4.4)
Core Entrustable Professional Activities: Population Health Promotor Domain-Identify patients at risk for prevalent disease in a population.