

UNIVERSITY OF MISSISSIPPI SCHOOL OF PHARMACY
INTRODUCTORY PHARMACY PRACTICE EXPERIENCES

Student Name:

Preceptor:

Rotation Type: **COMMUNITY (PRCT 478)**

Rotation Weeks #: 1 2

Activity: Obtain and document a nonprescription medication consult.

You will be exposed to counseling opportunities with patients who are desiring to self-treat or seek treatment for a certain condition or problem. Field a patient's question and perform a nonprescription medication consult.

1. Obtain a thorough patient history including demographic information, healthcare provider's name, brief PMH, current medications, chief complaint, duration of complaint(s), and previous treatment strategies. Record this information on the Nonprescription Consultation Form.
2. Decide, with your preceptor, whether the patient should self-treat or be referred to a provider.
3. If the patient can be self-treated, make a recommendation for the nonprescription product that is most appropriate for the patient.
4. Counsel the patient on the medication – include indication, appropriate use, how to take the medication, when to expect symptom relief, possible side effects, any drug interactions, how long to self-treat, and when to go to his/her primary care provider.
5. Decide when you need to follow up with the patient, and notify the patient of the follow up.
6. Document your encounter on the Nonprescription Consultation Form.
7. List the references used to formulate your recommendation.

References:

Nonprescription Consultation Form

Patient Initials: Date

Address:

Phone: Cell:

Date of birth: Gender: M or F Pregnant: Y or N

Allergies and reactions:

PMH:

Disease	Diagnosis date		Disease	Diagnosis date
Arthritis			Asthma	
Depression			Cancer	
High Blood Pressure			Diabetes	
Kidney disease			Heart Disease	
Lung disease			High Cholesterol	
Stroke			Mental Illness	
Substance abuse			Other	

Current Medications:

Medication and Strength	Instructions for Use	Indication	Duration of therapy

Chief Complaint:

Is this a:

New Problem?

Recurrence?

Worsening of Problem?

Previous self-treatment strategies:

Should this patient:

Self-Treat?

Obtain a referral?

If self-treatment is indicated, what product(s) did you recommend and why?

Patient Counseling (include instructions for use and product information for the patient):

Follow up with patient:

Outcome:

Pharmacy Student

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Date