

UNIVERSITY OF MISSISSIPPI SCHOOL OF PHARMACY
ADVANCED PHARMACY PRACTICE EXPERIENCES

Student: _____ Date: ___/___/___ Rotation Type: **AMBULATORY CARE** Rotation # _____

Preceptor: _____ Preceptor Signature: _____

APPE Ambulatory Care PRCT 587 Empathy Activity

Directions: Every patient deserves to be treated with respect and empathy. The purpose of this activity is to increase your awareness of the concept of empathy. For at least two days during your rotation select at least one of the "empathy activities" from the options listed below and answer the questions that follow. Select an option that is not currently a part of your routine.

Empathy Activities (choose at least one): (Question 1 of 4 - Mandatory)

Selection Option

- Monitor your blood pressure once daily every morning for one week, and record your readings.
- Place 28 candy pieces in a prescription vial (such as M&Ms, skittles) and keep them with you daily. Take one four times daily at the same time each day for 7 days.
- Obtain a glucose meter and strips and check your blood sugar levels at least 3 times daily for at least 2 consecutive days. Record your results.
- Set two alarm clocks for 2 consecutive nights at 2AM and 4AM, in addition to your normal wake time, and make a trip to the restroom and back to bed each time.
- Record your caloric intake for all food and drink items for at least 3 consecutive days. Keep up with total calories, total fat, and total protein.

After you have completed the activity, describe how easy or difficult you found the task. (Question 2 of 4 - Mandatory)

Were you compliant with all tasks? Why or why not? (Question 3 of 4 - Mandatory)

Reflect further on the concept of empathy and how that relates to pharmacist-provided patient care. (Question 4 of 4 - Mandatory)

Review your answers in this evaluation. If you are satisfied with the evaluation, click the SUBMIT button below. Once submitted, evaluations are no longer available for you to make further changes.