BACKGROUND

The prescribing of gabapentin and pregabalin has risen sharply in recent years. Due to their potential for abuse, at the November 2017 Board meeting MS-DUR examined use of gabapentin and pregabalin in DOM beneficiaries examining dosage ranges prescribed, diagnoses and concomitant use with opioids. The Board passed a recommendation to set maximum daily dosage of 2400mg for gabapentin products and 600mg for pregabalin products.

MAILING

MS-DUR conducted a one-time educational mailing outlining the proposed changes targeting all prescribers who had written gabapentin and pregrabalin prescriptions during the prior six months exceeding the newly approved maximum daily dosage limits. A total of 457 prescribers were identified and mailed the following provider notice.
DATE

IMPORTANT MAXIMUM DAILY DOSAGE INFORMATION ABOUT
GABAPENTIN AND PREGABALIN

MD_NAME,
MD_ADDRESS
MD_ADDRESS, MS MD_ZIP

Dear Dr. MD_NAME,

In accordance with the November 9, 2017 DUR Board recommendations, the maximum daily dosage limits have been updated for gabapentin and pregabalin in the Medicaid Coordinated Care Organizations (CCOs) to mirror existing limits in the Fee For Service (FFS) system. Beginning January 1, 2018 prescriptions for gabapentin and pregabalin exceeding these daily dosage limits will require a prior authorization. Maximum daily dosage limits will be:

- Gabapentin – 2400mg
- Pregabalin – 600mg

You have been identified as a provider who has prescribed one or both of these agents during the past six months to a Medicaid beneficiary that exceeded these limits. We wanted to inform you about the new clinical edits that are being implemented so that you may plan appropriately for uninterrupted care of your patients. The Max Unit Override prior authorization form can be found at https://medicaid.ms.gov/providers/pharmacy/pharmacy-prior-authorization/.

If we can be of any assistance, please do not hesitate to contact us.

Sincerely,

Eric Pittman, PharmD
Clinical Director
MS-DUR

Terri R. Kirby, RPh, CPM
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