APPE Ambulatory Care PRCT 587 Hypertension Medication Therapy Management

Directions: Identify one patient with hypertension. If for some reason such a patient cannot be identified at your site, role-play with another student, health professional, or your preceptor and complete the following:

How long has the patient had hypertension? Describe the stages of hypertension and various blood pressure goals depending on certain conditions. (Question 1 of 6 - Mandatory)

What type of therapy is the patient receiving for management of hypertension? Is the patient currently controlled on the regimen? How is treatment influenced by other factors such as gender, race, or circadian rhythm? (Question 2 of 6 - Mandatory)

What are the complications from uncontrolled hypertension? (Question 3 of 6 - Mandatory)

As a person ages, what happens usually to his/her systolic and diastolic blood pressures? (Question 4 of 6 - Mandatory)

- Diastolic and systolic pressures both increase with age
- Diastolic pressures increase and systolic pressures decrease with age
- Diastolic pressures decrease and systolic pressures increase with age
- Diastolic and systolic pressures both decrease with age

What therapeutic, adverse effect, labs, or other parameters are being monitored in the patient (if applicable)? Are there other concerns? (Question 5 of 6)

Are there any changes to the patient's medication regimen that should be made based on your assessment? If so, describe your recommendations below. (Question 6 of 6)

Review your answers in this evaluation. If you are satisfied with the evaluation, click the SUBMIT button below. Once submitted, evaluations are no longer available for you to make further changes.