Directions: Identify one patient with a history of depression. If for some reason a patient with depression cannot be identified at your site, participate in a depression management discussion and role-play with another student, health professional, or your preceptor and complete the following:

Discuss the history of the patient's depression. Ask the patient "How's your mood been lately?" and "What have you enjoyed doing lately?" Record the patient's responses if possible. How are those two questions related to the DSM-IV diagnostic criteria for major depressive disorders, and if the patient's responses are negative what might that indicate? (Question 1 of 6 - Mandatory)

What is the PHQ-9? How might this tool be utilized in an ambulatory clinic setting? (Question 2 of 6 - Mandatory)

Describe the pathophysiology of depression to the patient, in language that can be understood by someone who is not a medical professional. Summarize that conversation below. (Question 3 of 6 - Mandatory)

List the patient's current depression medications (if applicable) and identify their respective classes and mechanisms of action. Be sure to include complete dosage regimens. (Question 4 of 6)

Based on your assessment, are there any changes to the patient's medication regimen that should be made? If so, describe your recommendations below. (Question 5 of 6)

Summarize the counseling provided regarding the monitoring for adverse effects associated with the patient's current antidepressant therapy. Be sure to include specific monitoring parameters and when the patient should seek care from a health provider. (Question 6 of 6)

Review your answers in this evaluation. If you are satisfied with the evaluation, click the SUBMIT button below. Once submitted, evaluations are no longer available for you to make further changes.