APPE Ambulatory Care PRCT 587 Asthma Medication Therapy Management

Directions: Identify one patient with a history of asthma. If for some reason a patient with asthma cannot be identified at your site, participate in an asthma management discussion and role-play with another student, health professional, or your preceptor and complete the following:

Can the patient identify any asthma triggers? Counsel the patient on the common triggers of asthma. Highlight your discussion below. (Question 1 of 6 - Mandatory)

Describe the pathophysiology of asthma to the patient, in language that can be understood by someone who is not a medical professional. Summarize that conversation below. (Question 2 of 6 - Mandatory)

List the patient's current asthma medications (if applicable) and identify whether they are rescue or long-term control agents. Be sure to include complete dosage regimens and frequency of use. (Question 3 of 6)

Review the proper technique of asthma inhalation devices. If the patient uses a peak flow meter and/or spacer device review proper technique of those as well. Record your observations and assessment of the patient's technique. What are the key differences in administration of DPIs and MDIs? (Question 4 of 6 - Mandatory)

If possible, develop or review an asthma action plan with the patient. Summarize the counseling provided regarding the monitoring for adverse effects associated with asthma therapy. Be sure to include specific monitoring parameters and when the patient should seek care from a health provider or visit the emergency department. (Question 5 of 6 - Mandatory)

Are there any changes to the patient's medication regimen that should be made based on your assessment? If so, describe your recommendations below. (Question 6 of 6)

Review your answers in this evaluation. If you are satisfied with the evaluation, click the SUBMIT button below. Once submitted, evaluations are no longer available for you to make further changes.